

DSHR Physical Capacity Grid

DSHR Group/Activity	Lift/carry 20 lb multiple times/shift	Lift/carry 50 lb multiple times/shift	Stand for two-hour periods	Sit for two-hour periods	Walk on uneven terrain	Walk two miles during a shift	Bend or stoop multiple times during a shift	Crawl on the floor or ground	Work outdoors in inclement weather	Work in extreme heat and/or humidity	Work in extreme cold	Able to step up/down 18 inches	Spend hours writing	Speak clearly on phone and in person	Read small print for extended periods	Work for long periods on a computer	Climb two or more flights of stairs	Drive in daytime and at night
Operations Management (OM)																		
All Directors/Administrators	•		•	•	•				•	•	•		•	•	•	•	•	•
Individual Client Services (CLS)																		
Client Casework (CC)				•	•	•				•	•		•	•		•	•	•
Recovery, Planning and Assistance (RPA)													•	•		•	•	•
Welfare Information (WI)	•		•	•	•	•	•			•	•		•	•	•	•	•	•
Disaster Health Services (HS)	•		•	•	•	•	•		•				•	•	•	•	•	•
Disaster Mental Health (DMH)	•		•	•	•	•	•		•				•	•	•	•	•	•
Mass Care (MC)																		
Bulk Distribution (BD)	•	•	•	•	•	•	•		•	•	•	•		•			•	•
Feeding (FF)	•	•	•	•	•	•	•		•	•	•	•		•			•	•
Sheltering (SH)	•		•	•			•			•	•			•				•
Community Programs (CP)	•	•	•	•	•	•	•		•	•	•	•		•			•	•
Partner Services (PS)																		
Government Liaison (LG)			•	•	•	•								•	•	•	•	•
Community Relations (LCR)	•		•	•	•		•		•	•	•			•		•	•	•
Labor (LL)	•		•	•	•		•		•	•	•			•		•	•	•
Voluntary Agencies (LVA)	•		•	•	•		•		•	•	•			•		•	•	•
Emergency Support Function 6 (ESF6)			•	•	•	•	•		•					•		•	•	•
Information Management Support Services (IMS)																		
Disaster Assessment (DA)	•			•	•				•	•	•							•
Financial and Statistical Information Management (FSI)	•			•			•			•	•			•	•	•	•	•
Information Dissemination (ID)			•	•		•								•	•	•	•	•
Analysis and Planning (AP)				•										•	•	•	•	•
Material Support Services (MSS)																		
Facility Management (FAC)			•	•	•		•		•			•	•	•	•	•	•	•
In-Kind Donations (IKD)				•										•	•	•	•	•
Invoice Review (IR)				•										•	•	•	•	•
Procurement (PRO)	•	•			•		•		•					•	•	•	•	•
Life Safety and Asset Protection (LSAP)	•		•	•	•	•			•	•	•			•		•	•	•
Transportation Management (TRA)				•										•	•	•	•	•
Warehousing and Supply (WHS)	•	•	•	•	•	•	•		•	•	•	•	•	•	•	•	•	•
RT Communications (RCM)	•	•	•	•	•	•	•	•	•	•	•	•		•	•	•	•	•
RT Networking (RNT)	•	•	•	•	•	•	•	•	•	•	•	•		•	•	•	•	•
RT Computer Operations (RCO)	•	•	•	•	•	•	•	•	•	•	•	•		•	•	•	•	•
RT Customer Service (RCS)	•	•	•	•	•	•	•	•	•	•	•	•		•	•	•	•	•
Staff Services (SS)																		
Staff Relations (SR)			•	•										•				•
Workforce Planning and Acquisition (WP)	•		•	•			•						•	•	•	•	•	•
Staff Support (SM)			•	•			•						•	•	•	•	•	•
Training (TR)			•											•	•	•	•	•
Staff Health (SW)	•		•	•	•	•	•						•	•	•	•	•	•
Organization Support (OS)																		
Public Affairs (PA)			•	•	•	•	•		•	•	•		•	•	•	•	•	•
Fund Raising (FR)			•	•									•	•		•		•
Response Investigations, Compliance and Ethics (RICE)			•	•	•	•							•	•	•	•	•	•